



## Scientific meeting “MENISCUS IN FOCUS”

SATURDAY 26<sup>th</sup> OF JANUARY 2019

METROPOLITAN HOSPITAL ATHENS

Clinic for Orthopaedics and Sport Orthopaedics

Director Panagiotis Kouloumentas

**09:00-09:30** Registration - Coffee

**09:30-09:35** **Welcome**

Panagiotis Kouloumentas

### **1<sup>st</sup> Session chair: Georgoulis, Kyritsis**

**09:35-09:45** **Meniscus Anatomy and Vascularization**

Georgios Skarpas

**09:45-10:05** **The functional unit of meniscus and cartilage**

Florian Dirisamer

**10:05-10:15** **Injured meniscus. When Conservative and when Surgical Treatment.**

Evangelos Evangelou

**10:15-10:25** **Meniscectomy and Meniscus Repair. Functional outcomes.**

Stergios Karakitsios

**10:25-10:35** **Meniscectomy versus Repair in the competitive Athlete.**

Christos Theos

**10:35-10:45** **Ramp lesion. Treatment options, repair techniques.**

Anastasios Tokis

**10:45-10:55** Discussion

**10:55-11:15** Coffee – Break

### **2<sup>nd</sup> Session Chair: Chronopoulos, Sapkas**

**11:15-11:25** **Root tears. Repair techniques Video Presentation**

Stylianos Theocharakis

**11:25-11:35** **ACL Deficiency and meniscal lesion. What to do with the meniscus?**

Dionysios Chissas

**11:35-11:45** **Discoid meniscus. Management**

Efstathios Charalampidis

**11:45-11:55** **The post meniscectomy arthritic knee**

Panagiotis Kouloumentas

**11:55-12:05** **Failure of meniscus repair. Cause and management.**

Ioannis Tsolos

**12:05-12:15** Discussion

**12:15-12:35** Coffee - Break

**3<sup>rd</sup> Session Chair: Mitsou, Giannakopoulos**

**12:35-12:45**    **Meniscus reconstruction Allograft Transplantation. Different techniques**

Florian Dirisamer

**12:45-12:55**    **The three allograft preservation methods: freezing, cryopreservation, freezing and irradiation.**

Emmanouil Spanakis

**12:55-13:05**    **Biological Augmentation to enforce meniscal repair**

Nikolaos Konstantinou

**13:05-13:15**    **Meniscus reconstruction. Scaffolds**

Georgos Triantafyllopoulos

**13:15-13:25**    **Future: Meniscus 3D printing-Bioprinted Meniscus**

Efstratios Kavroudakis

**13:25-13:40**    Discussion - End of Scientific Meeting

**13:40**            Lunch