

CT COLONOGRAPHY

DO NOT FORGET TO BRING WITH YOU

- Any recent exam that is relevant to the reason your scan is performed
- Previous scans of the same part of the body
- Medical note from your physician, stating the reason for your scan
- The exam requisition
- A copy of the creatinine blood test result, if required and the test has been done at an outside facility
- The contrast media your doctor has prescribed you
- Any official document for identification purposes (i.e. passport, ID) and your SSN

HOW THE SCAN IS PERFORMED

Before your scan, you will be asked to fill in a questionnaire. You will then lay on a mobile table which moves inside a ring-shaped device. You will be able to communicate with the technologist via intercom. The technologist may ask you to hold your breath at certain points to avoid blurring the images.

The process typically takes no more than 5 min.

HOW TO PREPARE

It is advised to wear clothing and accessories that can be easily removed, because you may be asked to take them off during the exam.

Women

If there is **ANY** chance that you may be pregnant let your doctor know before proceeding with the preparation and/or examination.

Contrast Medium Administration

Since you are going to be administered with intravenous contrast medium, a creatinine blood test is required within 30 days prior to your examination day. You may have the blood test on the day of your scan in our premises. Please allow 1 hour before your scan to get the result. You may take your medications at their normal time with clear liquids only.

- Allergies

If you have a history of drug allergy to CT contrast medium, please contact us at **210 4807082**, 08:00-16:00. Your ordering physician is responsible for prescribing the pre-medications for you. The following pre-medications are usually recommended:

- 12 hours prior to your scan, 2 pills Medrol 16mg
- 2 hours before your scan, 2 pills Medrol 16mg
- 1 hour before your scan 1 pill Zirtek 5mg

- Diabetic Patients

If you are a diabetic patient taking any medication that contains Metformin, you must follow up with your physician for instructions on when to resume this medication.

Diet

Two days before your scan:

- refrain from fruits, vegetables, legumes, and dairy products.

The day before your scan:

- at 11:00 am, take 2 pills **DUFALAC**
- after 11:00 am refrain from any solid food (you can have decaf coffee and any broth)
- at 20:00 pm drink 1 bottle of water (0,5L) with 60ml gastrografin in it
- You may take your medications at their normal time with clear liquids only (water, apple juice).

WHEN YOU SHOULD COME

Please arrive 5 to 10' before your appointment, to complete registration.